
The Pacific Grove High School

NEWSBREAKER

STAY STRONG BREAKERS!

Volume 1, No.5

A Spirit of Community

by Noor Benny

The past month has been filled with many unexpected twists and turns. At this point, uncertainty has become the norm. Thus, seniors at Pacific Grove High were not surprised when they received news that their graduation would be pushed to August.

Although PGUSD expected to resume in-person classes in April, many of the seniors assumed that March 13th was their last day of school. On top of that, they knew that their senior activities, including graduation, had the potential of being canceled. Senior class member Robertson Rice went as far as to state that he does not “believe anything will be normal for the next two years.”

Upon hearing that their graduation would be delayed, seniors’ responses varied. Some students, such as ASB President Adrian Clark, expressed their gratitude for being able to at least have a proper ceremony. Clark said that he feels “grateful that our graduation was pushed back [because] many schools this year will not be able to share an in person ceremony.”

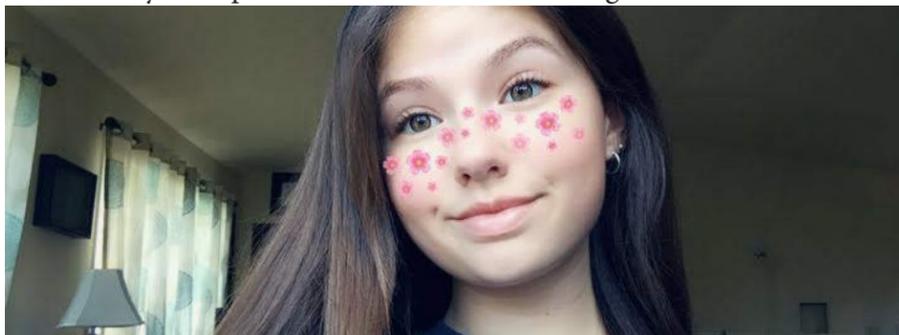
Bella Rohrer, another senior, added that “it’s really disappointing that graduation isn’t how everyone thought it would be, but I’m really glad that the school cares enough about the seniors to organize one later in the year.” Gavin Whiteside took a more cautioned approach to the situation in expressing that he would “rather be safe” than have a ceremony that endangers a large proportion of the school.

Senior Class President Emma Evans took a more assertive stance in claiming that the seniors “deserve to have a graduation even if it’s later in the year.” She went on to say that “it’s important to be with friends, family, teachers, and classmates to celebrate [this] chapter of our lives before we move on to the next [one].”

What many people may not know is that the administration could have easily canceled graduation. As President Clark stated, many schools are choosing to have an online graduation, or even to completely cancel the ceremony. Students at PG High should know that they are lucky to go to a school with teachers and administrators who care so much about their students.

President Clark captured the sense of appreciation that the seniors feel towards the staff in saying that “they could have just sat and done nothing because they [would] still get paid, but they chose to roll up their sleeves and put a proper ceremony together for us.” He continued by mentioning that “this may not be what we dreamed of four years ago, but the fact that this many people want to make us feel special is powerful enough.” He is glad that the seniors “are having a graduation, no matter the date, as long as we have the ones we love around us.”

In a time when it is easy to throw in the towel, students and staff are choosing to rise to the challenge. The ongoing efforts to celebrate the Class of 2020 truly capture the spirit of community that prevails at Pacific Grove High. Go Breakers!



Takeout Options During Social Distancing

by Cassidy Novack

The COVID-19 crisis has disrupted many parts of our everyday lives, including grocery shopping and eating routines. Since many grocery stores are low on stock for certain necessary items such as flour, meats, and produce, it can be hard to produce healthy and complete meals at home. Luckily, there is an easy solution to this problem that is actually safe and convenient: takeout.

Although it may seem contradictory, takeout is actually a decent option during social distancing. Currently, there is no known risk of transmitting the virus through food, and restaurant employees are already trained to keep good hygiene while working. However, there are still some guidelines to follow if you order takeout.

You should always wear a mask when you pick up your food. If you want to go the extra mile, you can also wear gloves, but that is not necessary. You should also always wash your hands before and after handling the takeout containers. Lastly, respect any additional health protocols that the restaurants are enforcing when you pick up your food.



You may be wondering what restaurants are open in our area for takeout, and luckily there are quite a few delicious and trustworthy options to choose from. For example, Il Vecchio is an Italian restaurant in Pacific Grove that offers a \$10.50 takeout menu with many good options, all of which come with a side of salad. The Fishwife offers great dishes for seafood lovers with the added bonuses of gluten free meals and a children’s menu. Another great option is International Cuisine, a classic choice in Pacific Grove that serves food inspired from all around the world, including, but not limited to, Greek, Mexican, Russian, and Italian. Speaking of Mexican food, Michael’s Grill and Taqueria is also open for business and offers many balanced and delicious meals, some of which are vegetarian friendly.

Besides above restaurants, there are other great ones open for takeout such as Zum Sushi, Aliotti’s Victorian Corner, Mando’s Restaurant, Mezzaluna Pasteria, Pacific Thai Cuisine, Petra Restaurant, Poppy Hall, Red House Cafe, Taste of India, Toasties Cafe, Vivolo’s Chowder House, Goodie’s Deli, and Peppers Mexicali Cafe.

Please give takeout a try—not only to enjoy a delicious meal, but also to support Pacific Grove’s restaurants though COVID-19.

See <https://www.pacificgrove.org/restaurants/open-restaurants> for more details on open restaurants.

Welcome to Chow Corner!

With this collection of recipes, you can take a trip around the world, even if you cannot leave your home right now. Email mitali614915@pgusd.org with your favorite recipes for the next issue of The NewsBreaker!

Chilaquiles Verdes

Fried Tortilla Chips with Tomatillo Salsa Breakfast Dish from Mexico
Source: Matthew Mendez



Ingredients:

TO FRY TOTOPOS (TORTILLA CHIPS):

10 (6-inch/15-cm) corn tortillas, preferably store bought
1 cup (240 ml) peanut oil or vegetable oil
Sea Salt

GARNISHES FOR ALL THE CHILAQUILES:

Mexican Crema
Cilantro, minced
White onion, minced
Queso fresco (preferably Don Francisco brand), crumbled

TO MAKE CHILAQUILES VERDES:

2 pounds (910 g) tomatillos, husked and rinsed
2 serrano chiles (or more depending on your spice tolerance), stem removed
1/4 cup (25 g) chopped white onion
2 gloves garlic, peeled
12 sprigs fresh cilantro
Sea salt to taste

Directions:

1. Slice the tortillas into 2-inch-wide (5-cm) triangles.
2. In a large skillet, heat the oil to frying temperature, just below the smoking point. Working in batches, add the tortilla triangles to the hot oil and let them fry for 3 minutes or until golden brown.
3. When the pieces puff up, they are ready. Remove the tortilla chips from the oil and place them on a paper towel-lined plate to absorb excess oil. While the chips are warm, sprinkle with a pinch of salt.
4. Put the tomatillos, chile, and 1/2 cup (120 ml) of water into a pot. Bring to a boil over medium-high heat, lower to medium heat, cover, and cook for 20 minutes.
5. Drain the tomatillos and chile and put them in a blender with the onion, garlic, cilantro, salt to taste, and 1/2 cups (360 ml) of water. Blend until smooth and set aside.
6. Slowly add the warm totopos and mix until the tortilla chips are completely covered in a sauce. Serve immediately. Enjoy!



Double Ka Meetha

Bread Pudding Sweet from India
Source: <https://www.archanaskitchen.com/hyderabad-double-ka-meetha-traditional-bread-pudding>



Ingredients:

10 Slices of Bread
1/2 liter Milk
1/2 cup Fresh Cream
For the sugar syrup:
1 cup Water
1 cup Sugar
1/2 teaspoon Vanilla Extract
8 Almonds, blanched and sliced
2 tablespoons Raisins
For shallow frying bread slices:
1 tablespoon clarified butter or oil

Directions:

1. Start by boiling sugar with the water to make the sugar syrup.
2. Stir continuously, until tiny little bubbles are seen on the surface of the liquid, which indicates that the syrup is ready. Once done, keep it aside and allow it to cool.
3. Boil milk with the cream in a deep bottom pan on medium heat. Condense the milk until it becomes half the original quantity and the milk is thick and creamy.
4. Make sure you keep stirring the milk occasionally; it will stick to the bottom of the pan and burn otherwise. Once the milk is condensed, turn off the heat.
5. Cut each bread slice diagonally into two.
6. Heat oil in a skillet and shallow fry the bread slices, turning them occasionally until they turn golden brown on both sides. Once done, turn off the flame and allow them to cool.
7. Preheat the oven to 180 C. Take a rectangular baking tray and grease it evenly with clarified butter or oil.
8. Arrange the bread slices in the baking tray in such a way that the entire tray is filled. Pour in the milk/cream mixture, vanilla extract, and sugar syrup over the bread slices evenly.
9. Keep this aside for about five minutes so that the bread slices can soak in the liquid.
10. Sprinkle the almonds and raisins on top of the bread and cover the pan with aluminum foil.
11. Bake for about 25 to 30 minutes, or until the liquid is almost dried up and thickened. Allow the bread pudding to rest once done without removing the seal.

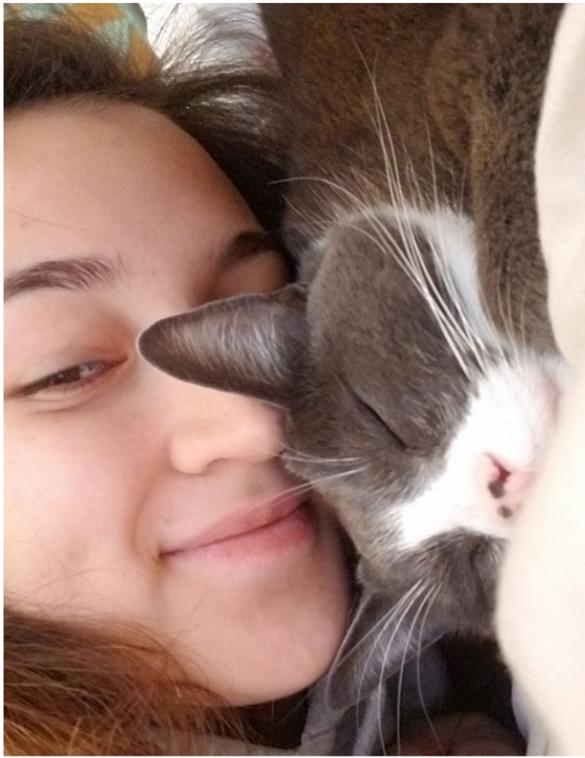


Coronavirus Quarantine Book of the Week

by Caroline Coen

Prince of Shadows by Rachel Caine:

Rachel Caine's *Prince of Shadows* really has it all—adventure, deception, mystery, history, romance, and a spark of magic. To top it off, your English teacher will approve of this captivating story! *Prince of Shadows* retells Shakespeare's iconic *Romeo and Juliet*—a story long studied by PGHS freshmen—from the perspective of Benvolio Montague, the diplomatic “good boy”...Or so you thought! In this story, Benvolio has a secret second identity. He is the Prince of Shadows, the most infamous thief in all Verona. He works behind the scenes to thwart Romeo's forbidden love, a love Benvolio knows is doomed. Meanwhile, he harbors his own forbidden love for Rosaline, the older cousin of Juliet. As events escalate, it becomes clear that a lot more is at stake than Romeo and Juliet's lives—Mercutio has inadvertently created a curse that will do much damage if Benvolio fails to save the day. Immerse yourself once again in rich Shakespearian language and find out what really happened in *Romeo and Juliet*. From the perspective of characters who are actually mature, you will learn there is so much more to the classic “love” story!



Five Movies to Watch During Shelter-in-Place

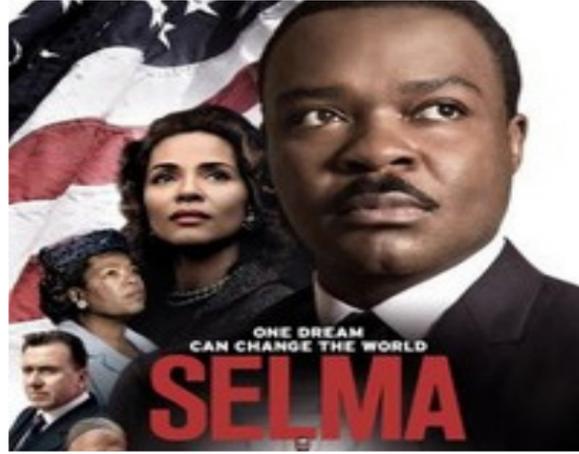
by Will Coen

#1 - *Speed*



The 1994 action film *Speed* features Keanu Reeves, Dennis Hopper, and Sandra Bullock. *Speed* follows main character Jack Traven (Keanu Reeves), a Los Angeles police officer, as he, along with Annie Porter (Sandra Bullock), must stop antagonist Howard Payne's (Dennis Hopper) reign of terror. The film earned 94% on Rotten Tomatoes and is rated R. I would recommend this movie to any viewer who enjoys action films.

#2 - *Selma*



The 2014 film *Selma* falls in the historical drama category and takes place primarily in the titular Selma, Alabama. *Selma* follows the true story of Dr. Martin Luther King, other civil rights activists, and their peaceful protests in order to gain the right to vote. The renowned cast includes Oprah Winfrey, Cuba Gooding Jr., Wendell Pierce, and David Oyelowo. The film earned an astonishing 99% on Rotten Tomatoes and is rated PG-13—there are several violent scenes. I would recommend this meaningful, emotional, and educational motion picture to all viewers.

#3 - *Groundhog Day*



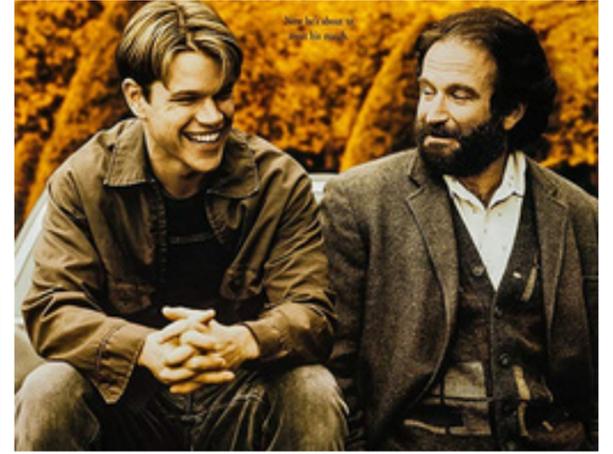
The “Rom-Com” *Groundhog Day* arrived in theaters in 1993. The film follows main character Phil Connors (Bill Murray), a weather reporter who travels to Punxsutawney, Pennsylvania for Groundhog Day. Connors then starts reliving the same day, Groundhog Day, over and over again. Along with Bill Murray, the movie also features actress Andie MacDowell, who plays Rita, Phil Connors' news producer. The PG-rated movie earned 96% on Rotten Tomatoes along with 8/10 on IMDb and features a great storyline and stellar performances by the actors and actresses. I would recommend this film to anyone, whether or not you are interested in comedy films.

#4 - *Romancing the Stone*



The 1984 classic *Romancing the Stone* follows main character Joan Wilder (Kathleen Turner), a romance author from New York City, who travels to Colombia and ends up on a treasure hunt with Jack T. Colton (Michael Douglas), an American living in the jungle of Colombia and hunting birds for money. The film also features Danny DeVito as one of the antagonists attempting to find the treasure before Wilder and Colton can. The picture earned on 84% Rotten Tomatoes and 5/5 on Common Sense Media. Although it has been around for 36 years, I would recommend *Romancing the Stone* to anyone who enjoys a great adventure story.

#5 - *Good Will Hunting*



The 1997 drama *Good Will Hunting* portrays the story of Will Hunting (Matt Damon), a genius living in South Boston who chooses at first not to use his talents. Professor Gerald Lambeau of MIT (Stellan Skarsgard) then offers Hunting a chance to work with him. Lambeau later takes Hunting to see therapist Sean Maguire (Robin Williams). Hunting and Maguire bond as Hunting matures and eventually decides to use his talents for good. Along with Matt Damon and Robin Williams, the film rounds out its spectacular cast with Ben Affleck, Minnie Driver, and Stellan Skarsgard. *Good Will Hunting* has won many awards, including Academy Awards and a Golden Globe Award. The film earned a 97% on Rotten Tomatoes and is rated R.

the EGGPLANT



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Two Clowns Caught Tickling Each Other on PGHS Campus

A Worthwhile Binge During Coronacation: “Longmire”

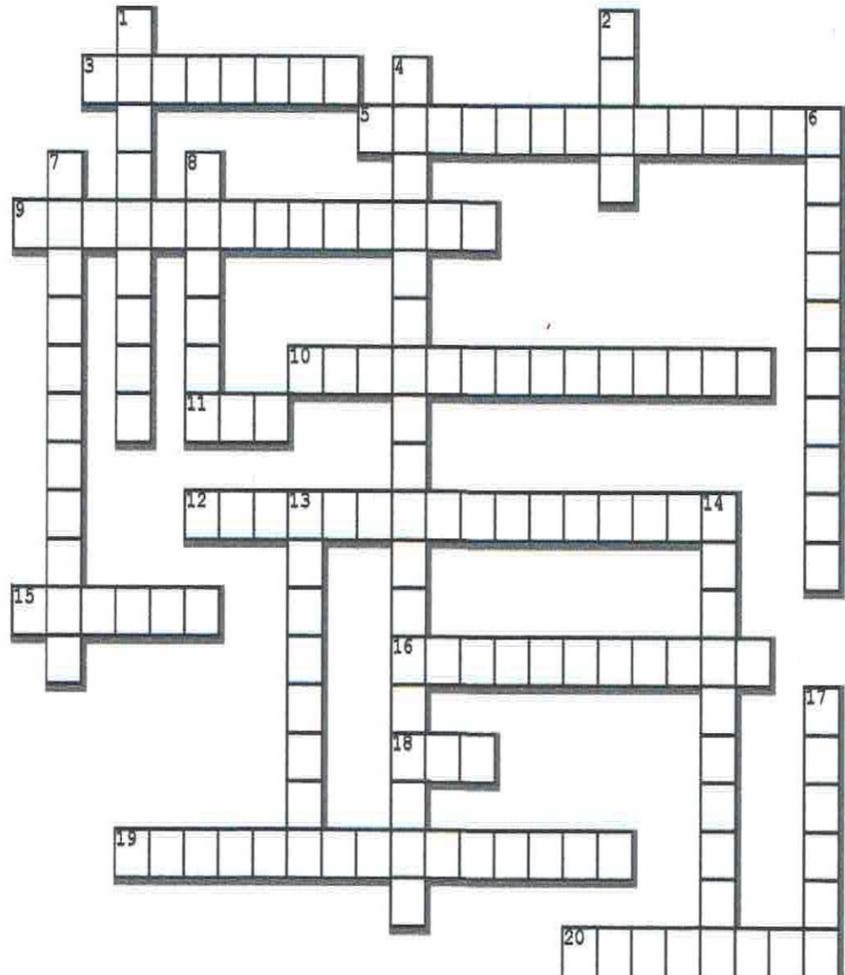
by Nathan Binder

The popular crime/drama TV show “Longmire” was first released on June 3, 2012 by A&E, and, in 2015, Netflix took over production. “Longmire” is based on the *Walt Longmire Mysteries* by Craig Johnson, and shares a similar setting in fictional Absaroka County, Wyoming, home to many of the same main characters from the books.

Throughout the show, there are times of surprise, suspense, frustration, and laughter. “Longmire” was filmed in New Mexico, where the scenery varies from arid desert to forested mountains. Another captivating element of the series is the excellent music, which accompanies the picturesque setting.

The show also expertly develops its characters. The first episode begins with the main character—and a personal favorite—Sheriff Walt Longmire internally mourning the death of his wife. Later in the series, Walt becomes focused on eradicating an Irish Mob which was involved in transporting and selling heroin in Absaroka County. Walt’s best friend, whom he has known since early childhood, is Henry Standing Bear, a Native American from the Cheyenne Nation. Henry delights viewers with his dry sense of humor, his calm demeanor, and his determination and devotion to the Cheyenne people.

Overall, “Longmire” is a highly engaging and entertaining series. If you are searching for something not too intense, but rather laid back and relaxed, then be sure to check out “Longmire”—it will not take Long for this show to spirit you away from the Mire of boredom!



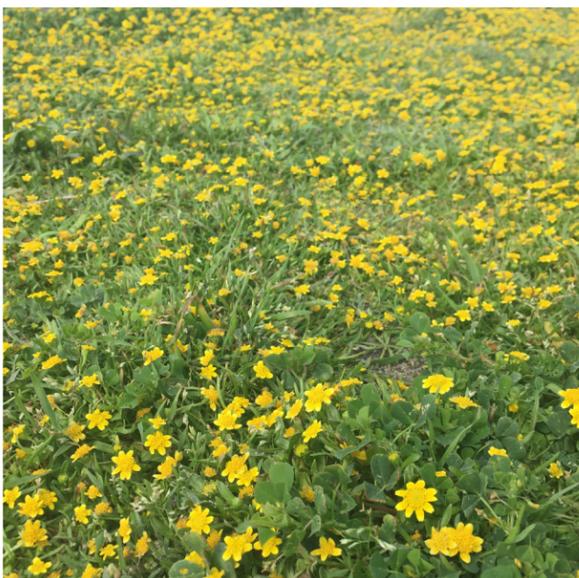
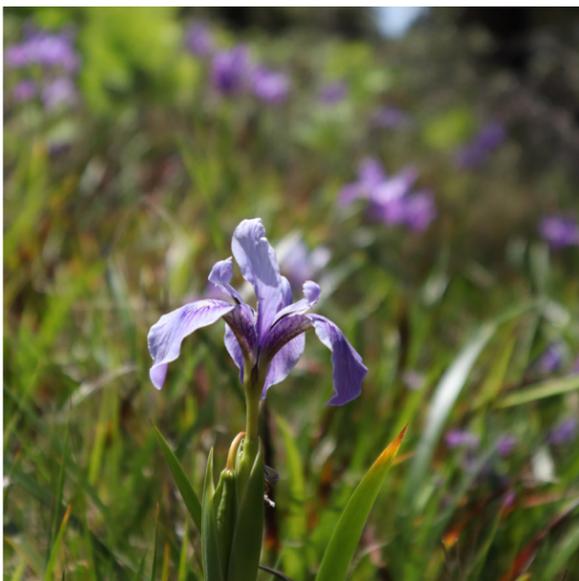
Created using the Crossword Maker on TheTeachersCorner.net

Across

3. Economic _____ - what we are experiencing due to Covid-19
5. The alternative to Zoom
9. A patriotic Marvel superhero
10. The 16th president of the US
11. A type of mask common in hospitals
12. 2020 Super Bowl champions
15. Last name of the Dean of Students in 'Ferris Bueller's Day Off
16. The place in the United States hit hardest by Covid-19
18. A Michael Jackson song and also the first word of a recent hit pop song
19. A 2005 comedy featuring Vince Vaughn and Owen Wilson
20. A popular spot for Mexican cuisine in Pacific Grove

Down

1. A court of law-based club at PGHS
2. _____ 6 feet apart
4. A famous and renowned novel about the South
6. 2019 Homecoming theme
7. Governor of California
8. The capital of Portugal
13. A 2016 film: Batman v _____
14. A country in Asia that handled Covid-19 very well
17. # _____ at home - a popular social media trend started by Roger Federer



NewsBreaker Comics

by Seth Knoop

